DINNER

INSPIRED EATS

STARTERS

Two Way Mushrooms - 15.75 GF,V, Veg charred & fried exotics, miso spread, tamarind dip

Tomato Dill Butter Beans - 12.75 GF, Veg, V with frizzled onions

Tartare Originalé - 19.95

raw tuna or raw steak, red onion, mustard, quail egg, capers, worcestershire, grated egg, cornichons, homemade saltines

Bacon and Brie - 14.00 GF available whipped brie, bagel chips, bacon chili crisp

Eggplant Rollatini - 14.00 GF,V, Veg vegan cashew cheese, Ma's tomato sauce

Tater Tot Fondue - 14.00 veg, GF available homemade tater tots, traditional cheese sauce

Clam Bowl - 19.95 steamed dozen or garlic beer broth dozen

Firecracker Short Rib Tacos - 15.00 tomato jam, Napa cabbage, soft shell local tortilla

Bison Kabobs - 15.00 GF

ground bison & lamb, fried on a stick, harissa, mint

Sea-Cuterie Board - 19.95 GF available

tuna prosciutto, smoked salmon, whitefish salad, cocktail crab claws with mustard sauce, watermelon radish, pickled vegetables, cornichons, homemade saltines

Guacamole - 15.00 v, Veg

pumpkin seeds, red chili flakes, popped amaranth, bagel chips or veggies (GF)

Buratta & Fire Roasted Peppers - 15.95 veg, GF available homemade spicy tomato jam

Calamari - 15.95 GF

fried with shishito peppers, calabrian pepper aioli

Local Charcuterie Board - 18.95 GF available bison summer sausage, cured meats, local cheese, seasonal fruit, veggies or bagel chips

Grilled Artichoke - 14.50 veg, GF, v roasted garlic-cashew-herb dipping sauce

SOUPS

French Onion - 9.00

bagel crouton, baked gruyere cheese

Cream of Wild Mushroom - 9.00 GF, Veg mixed mushrooms, green onions

African Peanut Stew - 10.00 GF, V, Veg sweet potatoes, chickpeas, kale, homemade vegetable broth, peanuts

Chef's Choice Soup - 9.00

SALADS

Nutritious Powerhouse - 18.00 GF

kale, Napa cabbage, quinoa, craisins, sprouts, pumpkin seeds, strawberries, popped amaranth, poached egg, chicken, fat free lemon vinaigrette

Napa, Beet & Goat Cheese - 15.00 veg, GF mixed greens, Napa cabbage, Brussels sprouts, crispy quinoa, roasted peppers, red wine vinaigrette

D's Salad - 14.00 v, GF

green leaf lettuce, flavor bomb tomatoes, orange bell peppers, green onions, avocado, cucumbers, champagne vinaigrette

Next Level Caesar - 14.00

romaine lettuce, shaved Brussels sprouts, crispy chickpeas, bagel chips, parmesan and everything crisp, Caesar dressing

Mercantile Cobb - 18.00 GF

mixed greens, chicken, tomatoes, avocado, crispy chickpeas, egg, bleu cheese, avocado ranch dressing

House - 7.50 GF, Veg, V

mixed greens, red onion, tomato, cucumber, chickpeas, balsamic dressing

Add to any salad:

Chicken \$4 • Shrimp \$9 • Steak \$7 • Tuna \$9 • Salmon \$9 • Egg \$3

Balsamic • Red Wine Vinegar • Blue Cheese • Avocado Ranch Champagne Vinaigrette • Fat Free Lemon • Caesar • Ranch

BOWLS

Beef Bone Broth Noodle Bowl - 19.95 GF pulled short rib, steak bulgogi, green onion, mushrooms, egg, spinach, carrots, sprouts, glass noodles, side of gochujang

Chicken Bone Broth Noodle Bowl - 19.95 GF marinated breast & thigh meat, butter beans, glass noodles, mushrooms, green onion, poached egg, kale, carrots, sprouts, miso

Seafood Bowl - 25.50 GF

shrimp, scallops, clams, green onion, rice noodles, broccoli, carrots, shellfish-harissa broth

Spicy Vegetable-Quinoa Bowl - 16.95 v, GF, Veg broccoli, carrots, sesame seeds, mushrooms, rice, kale, butter beans and jalapeños, vegetable broth

Pineapple Poke Bowl - 24.50 GF

raw ahi tuna or raw salmon, pineapple, rice, avocado, green onion, bok choy, sesame seeds, wasabi, tamarind chili sauce

HANDHELDS with choice of soup or a nice salad _____

Exchange Burger - 14.50

American cheese, baconnaise, pickles

Smash Burger - 15.50

crispy cheddar cheese, pickles, tomato, onion, garlic aioli, lavash bread

Game Burger - 15.50

local bison, lamb, beef, whipped feta, lettuce, tomato, onion

Mozzarella Tomato Grilled Cheese - 14.50 veg green onion, balsamic glaze, pickled onions, flattened croissant

Chicken Caesar Sub - 15.50

grilled or crispy fried chicken breast, romaine, parmesan cheese, Caesar dressing, Italian bread

Chicken Salad Croissant - 15.50 avocado, lettuce and tomato

Exchange Chicken Sandwich - 15.50

grilled chicken breast, thick bacon, Swiss cheese, balsamic onions on a brioche roll

BBLT - 15.50

burrata, bacon, lettuce, tomato, toasted sourdough, baconnaise

Steak Sandwich - 17.95

tomato, brie cheese, frizzled onions, crisp greens, Exchange steak sauce, Italian bread

Smoked Salmon - 15.50

lettuce, chive cream cheese, cucumber, red onion, tomato, capers on a bagel

Open Faced Meatloaf Sandwich - 14.50 grilled sourdough bread, melted cheddar, frizzled onions, brown gravy

ENTREES

Prime Delmonico Fritte - 46.00 GF

certified Prime delmonico, cowboy butter, black pepper fries, charred mushrooms, creamed kale

Harry's Filet Mignon - 45.00 GF

marinated tenderloin, sauce Robert, parsley fingerling potatoes, spinach and mushrooms saute'

Sliced Skirt Steak - 37.95 GF

chimichurri, homemade tater tots and a nice salad

Mushroom Bourguignon - 27.00 GF, V, Veg

over vegan mashed potatoes, freshly grated horseradish

Short Ribs - 31.00 GF available

homemade tater tots, butter beans, green beans, brown gravy, freshly grated horseradish

Grandma's Meatloaf - 28.00

beef, veal, pork, mashed potatoes, frizzled onions, green beans, brown gravy

Carolina Buttermilk Fried Chicken - 28.00 GF available

mac and cheese, green beans, hot honey, biscuit, antibiotic free chicken (Please allow 20 minutes for GF)

Pan Roasted Branzino - 33.75

blistered flavor bomb tomato, caper and white anchovy, butter sauce, potato coins, arugula

Sesame Crusted Tuna Steak - 32.75 GF

dirty ginger beurre blanc, baby bok choy, cucumber wasabi rice

Firecracker Scallops - 33.75 GF

seared sea scallops, firecracker mushrooms and asparagus, mashed sweet potatoes

Crispy Faroe Island Salmon - 32.75 GF

miso glaze, creamed kale, butter beans Sweet Potato Chickpea Curry - 24.00 v, Veg, GF

baked sweet potato, poached kale, quinoa, tomato coconut milk curry

Roasted Eggplant - Zucchini Lasagna - 27.00 GF, V, Veg vegan cheese, garlic sautéed spinach, ma's tomato sauce

Butter Broiled Halibut - 32.75 GF

broccolini saute, roasted garlic mashed potatoes, mushroom gin jus

PASTA

Buttery Lemon Leek Pasta - 32.75

cavatappi pasta with chicken or grilled shrimp

Braised Meats Ragu - 28.00

pulled short rib & bison, hunter sauce, mushrooms, carrots, pearl onions, pappardelle

Chicken & Broccoli - 28.00

white wine cream sauce, roasted peppers, penne

Burrata alla Vodka - 28.00

pink vodka sauce, penne

SIDES - 8.00

Homemade Tater Tots Handcut French Fries

Baby Bok Choy

Quinoa

Creamed Kale

Bacon Chili Crisp

Mashed Sweet Potatoes

Baked Sweet Potato

Butter Beans in Tomato

Dill Sauce

Parsley Fingerling Potatoes

Mac & Cheese

Green Beans

Mashed Potatoes (V avail)

Shaved Brussels Sprouts Garlicky Asparagus Broccolini

 $_{f L}$ Make a Meal - any 3 for \$21

KIDS - 14.00

12 and Under Only Please

Grilled Cheese & Fries

Curly Noodles with butter or tomato sauce **Chicken Tenders & Fries**

Steak & Fries

DAILY SPECIALS

Monday - Chef's Choice

Tuesday - Authentic Chicken Riggies

Wednesday Night Raw - Sushi/Sashimi, etc.

Thursday - Chicken Cordon Bleu

Friday - Extraordinary Seafood Platter (broiled or fried)

Saturday - Beef Wellington

Sunday - Chef's Roast